COLLEGE CLUB SWIMMING
U.S. MASTERS SWIMMING

2026 REGIONAL CHAMPIONSHIPS MEET INFORMATION PACKET

EASTERN: Richmond, VA – October 24-25
SOUTHERN: Tallahassee, FL – November 7-8
WESTERN: Mission Viejo, CA – November 7-8

All registration deadlines and meet session times will be in the host's **LOCAL** time zone.

Revision Log:
10/14 - Western Regionals entry deadlines moved to the Pacific time zone.

Championship Meet Information

Location

Please refer to the region map on page 8 to determine which CCS Regional Championship meet your Club is assigned.

As per Section 2.4.2 of the College Club Swimming Governance Handbook, clubs may compete at a Regional Championship outside of their geographically assigned region but will compete as exhibition, are not permitted to swim in finals in prelims/final events, and are ineligible to score points. Such clubs who participate out of region will have their results uploaded to the CCS database and are eligible for Nationals qualification but are not eligible for top performance recognition according to the College Club Swimming Governance Handbook Section 2.5.3. *Exception for 2026: Due to there being no Central regionals this year, clubs in the Central region may elect to swim at 1 (one) of the three other regional championship meets (Eastern, Southern, or Western). Central clubs will be permitted to swim in finals in prelim/finals events and score points at other Regional meets. However, they will not be eligible for any Regional Championship Records.*

Meet Contacts

Questions regarding the meet can be sent to the Regionals Meet Liaisons, Connor McNeill and Natalie Plantamura at ccs.regionals@gmail.com.

Sanctions

This meet is sanctioned by College Club Swimming. This championship meet is in the process of being officially recognized by U.S. Masters Swimming and USA Swimming. Times achieved at this event may be considered for USMS national records and Top Ten times for USMS members, and qualification for other USA Swimming Events.

Swimmers wishing to have their times count for USMS/USA Swimming must provide their USMS ID# or USA Swimming ID. For USA Swimming specifically, in order for times to be eligible for entry into the SWIMS database, swimmers must 1) be an active member with USA Swimming and 2) have completed Athlete Protection Training no later than the individual athlete entry deadline. Individual swimmers must provide their USMS/USA Swimming IDs via Google Form by the athlete entry deadline.

Eligibility

Open to all current CCS swimmers who meet the eligibility requirements in accordance with the College Club Swimming Governance Handbook. There are **no qualifying times** for CCS Regional Championship meets.

Per section 3.2.2, swimmers must be a current member of a CCS registered club and meet the College Club Swimming Amateurism and Eligibility Policy. Per section 2.4.1, swimmers must also be registered with CCS prior to the start of the Championship Meet in order to be eligible to participate.

Swimmers must be registered and entered in the meet prior to the entry deadline. Swimmers must also be over 18 years old by the start of the meet. For swimmers turning 18 years of age between the entry deadline and the start of the meet, please refer to the Under 18 Policy below for instructions on entering the meet and registering with CCS.

Under 18 Policy

Swimmers turning 18 between the meet entry deadline and the first day of the championship meet are eligible to compete in the 2026 CCS Regional Championship in accordance with the stipulations outlined in this section. This exception is only allowed for swimmers whose 18th birthday falls during the school year in which they intend to participate in CCS.

Eligible swimmers must:

- Be 18 years of age by the first day of their regional championship meet. **Swimmers turning 18 after the first day of the meet are NOT eligible to participate.**
- Register for CCS on/after their 18th birthday and by the first day of the championship meet. The admin of the swimmer's club must submit the swimmer's CCS ID to ccs.regionals@gmail.com and collegeclub@usmastersswimming.org no later than 12pm (noon) ET on the first day of the meet.
- Submit their requested meet entries via Google Form by the entry deadline.

Swimmers with Disabilities

Swimmers with disabilities are eligible to compete in CCS Regional Championships. Prior to the meet, the swimmer and/or the coach/admin of the swimmer's club must notify the Meet Referee in writing of the swimmer's disability so that, if needed, there is time for accommodations to be made. The Meet Referee may elect to have them swim the 50s during the able-body 100 events, 100s during the 200 events, and 200s during the 400/500 events, based on entry times.

Format

These championships will be conducted in the prelims/finals format. The 500 Freestyle, 400 Individual Medley, 1000 Freestyle, 200 Backstroke, 200 Butterfly, and 200 Breaststroke will be conducted as timed finals events in prelims. The 200 Medley Relay and 200 Freestyle Relay will be swum as timed finals in prelims. The 400 Freestyle Relay and 400 Medley Relay will be swum as timed finals in finals. All other individual events will be conducted as prelim/final events. During finals, Consolation (B final) heats will swim first followed by the Championship (A final) heats.

Seeding

The 500 Freestyle and 1000 Freestyle will be seeded fastest to slowest. All other preliminary and timed finals events will be seeded slowest to fastest.

Prelims Scratches

There is no penalty for scratches or no shows for preliminary events. This includes the pre-seeded timed finals events swum during either prelims or finals sessions.

Finals Scratch Policy

For all individual events that will be swum in a prelims/finals format, a scratch policy will be applicable. After results for prelim competition of an event are posted at the Clerk of Course, swimmers will have 30 minutes from posting to declare their intentions for finals.

Scratching will take place in two ways:

1. The swimmer or another club representative must print and sign their name, the date, and the event on a designated scratch sheet at the Clerk of Course table within 30 minutes of posting prelim results on behalf of the scratching swimmer. A swimmer may declare their intent to scratch depending on the swimmer's standing in future event(s) on the same day, but it is the responsibility of the swimmer to update the Clerk of Course of their intentions following the event(s) they specified.

2. If an entire club is not planning on returning to a finals session, the club admin or another representative is responsible for notifying the Clerk of Course and signing off on a club scratch. Club scratches must be completed no later than the end of the day's prelim session. If a swimmer and/or the swimmer's club fails to scratch and appears in the finals lineup, whether or not the swimmer originally placed into finals, the swimmer is expected to compete at finals.

If the swimmer does not swim at finals, the swimmer's club will be charged $10 per swimmer per event not swum. However, the swimmer(s) will still be able to compete in subsequent days.

Exceptions to this rule include injury and illness, in which the Meet Referee must be notified and will use discretion to accept proof thereof.

Entry Procedure

Entry Caps

Each CCS Regional Championship meet will be capped at 1,000 swimmers. Before individual athlete registration opens, CCS will send a tentative attendance form to club contacts. Clubs planning to attend Regionals must complete the form and provide an estimate of the number of swimmers they expect to register. CCS will monitor tentative attendance submissions. If

projected attendance exceeds the 1,000-swimmer capacity, registration priority will be given to clubs that submitted the form before the capacity was reached. Once a meet reaches expected capacity, a club waitlist form will be released. As space becomes available, clubs will be admitted from the waitlist and notified when they are eligible to register. To help ensure that available space is allocated appropriately, CCS will also review each club's estimated attendance in relation to its roster size and historical Regional Championship participation. Clubs may be asked to adjust their estimated number of swimmers if the requested space is not reasonably aligned with those factors.

Individual Athlete Registration
Each individual swimmer who is planning on competing at Regionals will have until the stated deadline to register via their online CCS swimmer portal.

Admin Confirmation Period
During this time, the club admin/coach will review their individual members' entries, enter relays and pay entry fees. Admins/Coaches may alter relay seed times and update individual swimmers' seed times based on recent meet results. If a club adds an athlete to their meet roster or changes a swimmer's individual event schedule during the confirmation period, the club will be responsible for paying a $100 late entry fee. The late fee will not apply if a swimmer is removed from a club's roster entirely. Changes during this period must be requested via the Entry Change Request Form.

Final Changes
Following the Admin/Coach Confirmation Period, clubs will be provided with an export of their club's entries to review. If any errors are realized or any final changes need to be made, clubs may request changes by completing the Entry Change Request Form. Changes can and should primarily be made during the confirmation period, but any last-minute changes must be made no later than the deadline above. The only allowable final changes that can be made are the same as detailed above under the Admin/Coach Confirmation Period. If any changes are made by a club during this time and the club has not been previously charged the $100 late entry fee, they will be liable to pay the fee. The late fee will not apply if a swimmer is removed from a club's roster entirely. There will be no other exceptions to this policy. All changes must be made prior to the final changes deadline. Additional late entries or deck entries will not be accepted.

Entry Limits

Swimmers will be limited to 4 individual events and may enter all 4 relay events. Clubs may only enter a maximum of two relay teams (A and B) per relay event.

Entry Fees

Individual Swimmer Entry: $35/athlete

Late Entry Fee: $100/club

Club Absence Policy

In the case that a club which has submitted entries is no longer able to attend due to extenuating circumstances, the club is still responsible for paying 100% of their meet fees incurred upon entry. No exceptions will be made.

Scoring & Awards

- Only “A” relays are eligible to score.
- For Prelims/Finals events, the top 16 placing swimmers from prelims will advance to finals. Points are determined solely on the basis of their respective (A and B) finals. Scoring will be based on the following:
    - Individual Events: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1
    - Relays: 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2
- Medals will be awarded to the top three finishers in each individual and relay event.
- Team awards will be given to the top three finishers in the Women's, Men's, and Combined Team categories.
- Teams competing outside of their assigned region will compete as exhibition and are not eligible to score points.

Rules

The 2026 CCS Regional Championship meets will follow U.S. Masters Swimming rules for starts, strokes, turns, relays, and disqualifications. USA Swimming/U.S. Masters Swimming certified officials will be onsite to ensure compliance. However, since the meet is observed by USA Swimming, anything that warrants a disqualification under USA Swimming rules but not USMS rules will be noted and will only impact times entered into the SWIMS database.

- Swimwear for Competition
    - Swimwear shall include only a swimsuit, no more than two caps, goggles, and a nose clip and/or earplugs if desired.
    - Only swimsuits complying with World Aquatics swimsuit specifications may be worn. Suits with tie-backs or other fasteners are NOT permitted for competition.
    - Except where venue facilities require otherwise, changing into or out of swimsuits (except for drag suits) other than in locker rooms or other designated areas is not appropriate and is prohibited. Deck changes are prohibited.
    - Violation of any of these rules may result in disqualification. Exceptions may apply for extenuating circumstances at the discretion of the meet referee.
- Protests
    - Protests regarding disqualifications or recorded times shall be submitted to the meet referee within 30 minutes of the event.

Protests regarding the conduct of the meet shall be submitted in writing to the designated meet official onsite. If the protest is with the referee, a formal complaint must be sent to collegeclub@usmastersswimming.org and ccs.regionals@gmail.com within 5 days of the event.

Deck Access

This meet will operate with a closed pool deck. This means only swimmers, coaches, officials, and assigned meet volunteers will be allowed inside the designated competition course for any given session. Spectators shall remain in assigned viewing areas in accordance with facility guidelines.

Camera Zones

The use of cameras, including cellphone cameras and/or other recording devices, is prohibited behind the starting platforms during the start of races, including relay starts.

The use of audio or visual recording devices, including cellphone cameras, is prohibited in changing areas, restrooms, and locker rooms.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, and open-ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present. USMS credentialed media personnel may be exempted from these restrictions. Any individual in violation of these restrictions may be barred from the venue by the meet referee or meet director.

Order of Events

Women's	Day 1 Prelims	Men's
1	*4x50 Medley Relay**	*2*
3	*200 Butterfly**	*4*
5	50 Freestyle	6
7	200 Individual Medley	8
9	50 Butterfly	10
11	100 Breaststroke	12
13	200 Freestyle	14
15	100 Backstroke	16
17	*1000 Freestyle**	*18*

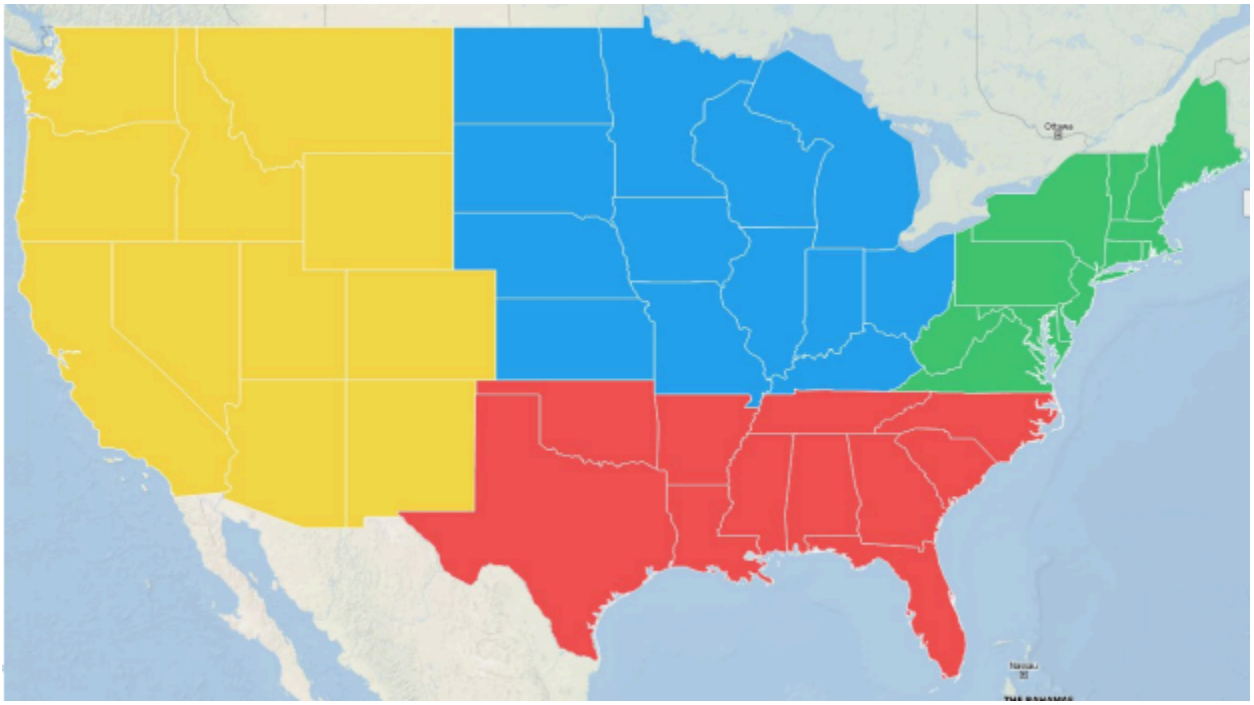
Women's	Day 1 Finals	Men's
5	50 Freestyle	6
7	200 Individual Medley	8
9	50 Butterfly	10
11	100 Breaststroke	12
13	200 Freestyle	14
15	100 Backstroke	16
19	*4x100 Freestyle Relay**	*20*

Women's	Day 2 Prelims	Men's
21	*4x50 Freestyle Relay**	*22*
23	*400 Individual Medley**	*24*
25	50 Backstroke	26
27	100 Butterfly	28
29	50 Breaststroke	30
31	100 Freestyle	32
33	*200 Backstroke**	34
35	100 Individual Medley	36
37	*200 Breaststroke**	*38*
39	*500 Freestyle**	*40*

Women's	Day 2 Finals	Men's
25	50 Backstroke	*26*
27	100 Butterfly	*28*
29	50 Breaststroke	*30*
31	100 Freestyle	32
35	100 Individual Medley	*36*
41	*4x100 Medley Relay**	*42*

**Events in italics will be swum as timed finals.* Prelims and timed finals events are pre-seeded.

Location Map



Region Assignments by State

Eastern	Central	Southern	Western
Connecticut	Illinois	Alabama	Alaska
District of Columbia	Indiana	Arkansas	Arizona
Delaware	Iowa	Florida	California
Maine	Kansas	Georgia	Colorado
Maryland	Kentucky	Louisiana	Hawaii
Massachusetts	Michigan	Mississippi	Idaho
New Hampshire	Minnesota	North Carolina	Montana
New Jersey	Missouri	Oklahoma	Nevada
New York	Nebraska	South Carolina	New Mexico
Pennsylvania	North Dakota	Tennessee	Oregon
Rhode Island	Ohio	Texas	Utah
Vermont	South Dakota		Washington
Virginia	Wisconsin		Wyoming



Host Club SwimRVA and Club Swim at UVA

Facility
SwimRVA
5050 Ridgedale Pkwy
Richmond, VA 23234

Meet Contacts

Jacob Wallin
Meet Director
ccs.regionals@gmail.com

Bryan Wallin
Meet Referee
ccs.regionals@gmail.com

About the Facility **Competition Pool:** Indoor pool with two eight lane competition courses with a minimum depth of 7' 7" throughout. The pool is equipped with nonturbulent competitor lane lines, Myrtha starting blocks with adjustable track start and backstroke wedges. A fully automatic Colorado timing system and video scoreboard will be utilized. The length of the competition courses are in compliance and on file with USMS in accordance with articles 105.1.7 and 106.2.1, but as a bulkhead course, is subject to length confirmation. A minimum of six 25-yard warm up lanes will be available throughout the meet.

Meet Schedule

Saturday, October 24th
Prelims Warm Up: 7:45 AM
Prelims Meet Start: 9:15 AM
Finals Warm Up: 4:00 PM
Finals Meet Start: 5:00 PM

Sunday, October 25th
Prelims Warm Up: 7:45 AM
Prelims Meet Start: 9:15 AM
Finals Warm Up: 4:00 PM
Finals Meet Start: 5:00 PM

Entry Deadlines
Tentative Attendance Declaration: Opens September 21 @ 12:00pm
Individual Athlete Registration: October 1 - October 9 @ 11:59pm
Admin Confirmation Period: October 10 - October 14 @ 11:59pm
Final Changes: October 15 - October 16 @ 11:59pm

Spectator Information
The link to purchase tickets is available on the College Club Swimming website.
All Session: $31
Per Session: $11



Host Club FSU Swim Club

Facility
Morcom Aquatics Center
2560 Pottsdamer St
Tallahassee, FL 32310

Meet Contacts

Hunter Allen
Meet Director
ccs.regionals@gmail.com

Dan McDaniel
Meet Referee
ccs.regionals@gmail.com

About the Facility
Competition Pool: Outdoor pool with two eight lane competition courses with a minimum depth of eight feet throughout. The pool is equipped with nonturbulent competitor lane lines, Kiefer starting blocks with adjustable track start. A fully automatic Omega timing system will be utilized with results displayed on a viviLED video scoreboard. The length of the competition courses are in compliance and on file with USMS in accordance with articles 105.1.7 and 106.2.1, but as a bulkhead course, is subject to length confirmation. A minimum of eight 25-yard warm up lanes will be available throughout the meet in the diving well located adjacent to the competition pool.

Meet Schedule

Saturday, November 7th
Prelims Warm Up: 9:30 AM
Prelims Meet Start: 10:30 AM
Finals Warm Up: 5:00 PM
Finals Meet Start: 6:00 PM

Sunday, November 8th
Prelims Warm Up: 8:00 AM
Prelims Meet Start: 9:00 AM
Finals Warm Up: 3:00 PM
Finals Meet Start: 4:00 PM

Entry Deadlines
Tentative Attendance Declaration: Opens September 21 @ 12:00pm
Individual Athlete Registration: October 1 - October 23 @ 11:59pm
Admin Confirmation Period: October 24 - October 28 @ 11:59pm
Final Changes: October 29 - October 30 @ 11:59pm

Spectator Information
The link to purchase tickets is available on the College Club Swimming website.
Please save your receipts to present at the venue's spectator entrance to gain admission.
All Session: $31
Per Session: $10.30



Host Club Swim Club at UCI

Facility Marguerite Aquatics Complex
27474 Casta Del Sol
Mission Viejo, CA 92692

Meet Contacts

Jen DeVoto
Meet Director
ccs.regionals@gmail.com

Ted Olivieri
Meet Referee
ccs.regionals@gmail.com

About the Facility **Competition Pool:** Outdoor pool with eight lane and seven lane competition courses with minimum depth of 2 meters. The pool is equipped with nonturbulent competitor lane lines, Omega starting blocks with adjustable track start, and a fully automatic Omega timing system and video scoreboard. The length of the competition course without a bulkhead complies and is on file with USMS per articles 105.1.7 and 106.2.1. A minimum of four warm up lanes will be available in the adjacent diving well.

Meet Schedule

Saturday, November 7th
Prelims Warm Up: 7:30 AM
Prelims Meet Start: 9:00 AM
Finals Warm Up: 4:00 PM
Finals Meet Start: 5:00 PM

Sunday, November 8th
Prelims Warm Up: 7:30 AM
Prelims Meet Start: 9:00 AM
Finals Warm Up: 3:00 PM
Finals Meet Start: 4:00 PM

Entry Deadlines
Tentative Attendance Declaration: Opens October 1 @ 12:00pm
Individual Athlete Registration: October 12 - October 23 @ 11:59pm
Admin Confirmation Period: October 24 - October 28 @ 11:59pm
Final Changes: October 29 - October 30 @ 11:59pm

Spectator Information The link to purchase tickets is available on the College Club Swimming website.
Please save your receipts to present at the venue's spectator entrance to gain admission.
All Session: $31
Per Session: $10.30